

INFIDELITY RESOURCES FOR PROFESSIONALS:

Podcast featuring Dr. Minwalla interview: <https://www.btr.org/secret-sexual-basement/>
Outstanding information. The Transcript is also valuable.

Patterns of Infidelity and Their Treatment by Emily Brown (excellent, theoretical for Systems-trained therapists). <https://www.amazon.com/Patterns-Infidelity-Their-Treatment-Emily/dp/1583913696/>

NOT “Just Friends,” by Shirley Glass (Good for both therapists and clients, but a bit long for clients; her approach is my favorite.)
<https://www.amazon.com/Not-Just-Friends-Rebuilding-Recovering/dp/0743225503>

The Post-Traumatic Stress Disorder Sourcebook – by Dr. Glenn Schiraldi
<https://www.amazon.com/Post-Traumatic-Disorder-Sourcebook-Revised-Expanded/dp/0071840591/>

Blind to Betrayal – Jennifer Freyd (relates to any kind of abusive betrayal; scientific)
<https://www.amazon.com/Blind-Betrayal-Ourselves-Arent-Fooled/dp/0470604409>

Helping Couples Get Past the Affair, by Baucom, Snyder & Gordon. (very clinical but good).
<https://www.amazon.com/Helping-Couples-Get-Past-Affair/dp/1609182391>

Handbook of the Clinical Treatment of Infidelity, Piercy, Hertlein, Wetchler, Editors. (2005).
Haworth Press. (If you only wish to read ONE book on helping couples cope with infidelity, this volume contains chapters written by respected clinicians, useful for therapists.)

Intimate Deception, Sheri Keffer, Ph.D. author, speaker, featured on “New Life Today,” a Christian self-help radio show by a group of psychologists. I include it here as she covers the neurobiology of Trauma so well. She explains with relatable metaphors, although still a bit technical for the average reader. A wealth of information, especially for spouses of sex addicts.
<https://www.amazon.com/Intimate-Deception-Dr-Sheri-Keffer/dp/0800735056>

ONLINE SUPPORT for PROFESSIONALS:

<https://sexandrelationshiphealing.com/your-own-sexual-behavior/weekly-webinars/professionals-betrayed-partner-group-for-women/> (free online drop-in group for betrayed spouses who are professionals who need to find a safe space to process their own betrayal without fear of running into a client).